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Headteacher: Mrs. Jen Fraser, B.Ed. (Hons), NPQH

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Tuesday, 7<sup>th</sup> January 2025

**EYFS Let's Learn Together Workshop – Recognising and Managing Emotions**  
**Tuesday, 21<sup>st</sup> January 2025, 2.30-3.00pm**

Dear Parents and Carers,

As part of our drive to build strong home-school relationships, this year we would like to offer parents/carers a program of workshops. These have been designed to build parents/carers knowledge and confidence when supporting children at home across different areas of development and we strongly urge parents/carers to come to as many of these sessions as possible. We will send out a termly reminder so you can sign up for workshops most relevant for you and your child.

During the presentations, we will share how we enable children in school to build their skills as well as a range of practical activities of how you can support your child at home. They will be held in the main school hall and will be relevant for all children in Early Years. Please note if you attended to the sessions last year as a parent/ carer of Little Acorns they will have the same content.

Our next workshop is:

**1. Recognising and Managing Emotions – Tuesday, 21<sup>st</sup> January, 2.30–3.00pm**

Find out how you can support your child with recognising different emotions. You will also gain an understanding of how you can support your child to manage their emotions and how we encourage this at school.

Please sign up via this [link](#) and we will look forward to seeing you for some wonderful, shared learning.

Thank you for your continued support and if you have any further questions about the workshops, please contact me via email to [admin@greenridgeacademy.co.uk](mailto:admin@greenridgeacademy.co.uk) in the first instance.

Yours faithfully,

*Miss Laura Dilks*  
Early Years Assistant Headteacher